

WEEKLY ACTIVITIES SAMPLE

MONDAY

One to One Room Visits

10.15 am Bingo

2.00 pm Movement to Music

3.30 pm Puzzle Time

4.00 pm Sensory Afternoon

THURSDAY

One to One Room Visits

10.15 am Movement to Music

2.00 pm Quiz

3.00 pm Afternoon Tea

3.30 pm Classical Music – Live Piano

4.00 pm Sensory Afternoon

TUESDAY

One to One Room Visits

10.15 am Coffee Morning

2.00 pm Arts & Crafts

3.30 pm Higher or Lower

4.00 pm Sensory Afternoon

FRIDAY

One to One Room Visits

10.15 am Reminiscence

2.00 pm Pizza Making

3.30 pm Board Games

4.00 pm Sensory Afternoon

WEDNESDAY

One to One Room Visits

10.00 am Hairdresser

2.00 pm Memory Box

2.30 pm Tuck Shop

3.30 pm Hand Massage/Nails

4.00 pm Sensory Afternoon

SATURDAY

10.30 am Brain Teasers

2.00 pm Afternoon Movie

3.30 pm Classical Music – Live Piano

*4.00 pm Sensory Afternoon in the
Sensory Room*

SUNDAY

10.30 am Gardening Club

2.00 pm Memory Ball Game

3.30 pm Knitting Group

4.00 pm Sensory Afternoon